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**St Simon’s PSHE Statement of Intent**

**Intent***Why do we teach this? Why do we teach it the way we do?*

At St Simon’s Catholic Primary School, personal, social and health education (PSHE) enables our children to become healthy, independent and responsible members of a society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up.

We believe that the purpose of St Simon’s Catholic Primary school PSHE programme is to:

* Help pupils live and learn in a Catholic, Christian environment, leading to acceptance and respect of others in a diverse community and wider world.
* Provide an environment in which high expectations will lead to a striving for excellence in all aspects of school life, including exceptional manners and well developed social skills.
* Educate and develop each member of the school community by building on their strengths and supporting them in times of need, particularly in building up resilience and overall wellbeing.
* Foster purposeful relationships with those who learn in, work in and visit our school where diverse views and backgrounds are respected and accepted.
* Educate them to live healthy lives through regular exercise, healthy eating, development of healthy minds and positive relationships.
* Provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a positive member of a diverse society.

**Implementation***What do we teach? What does this look like?*

Our curriculum is shaped by our school vision, to STRIVE to be the best we can be for the Glory of God.

*At St Simon’s w*e deliver the PSHE curriculum by utilising first hand experience and sharing good practice. Our aims of teaching PSHE at St Simon’s Catholic Primary School are to:

* Reflect the needs of our pupils.
* Equip pupils with a sound understanding of risk.
* Develop the knowledge and skills necessary to make safe and informed decisions.

In line with the National Curriculum, we believe that the purpose of PSHE education is to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on: drug education, financial education, citizenship, personal safety, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle**.**

* Children will meet the National Curriculum expectations in PSHE, which will be taught by highly-qualified, enthusiastic staff who will support children to develop mastery of concepts and inspire enthusiasm and interest in the subject.
* All children will study PSHE within the curriculum for 30 minutes per week, it will also be woven throughout the curriculum.
* Opportunities will exist for children of all ages to experience learning beyond the classroom. This will allow them to enrich their knowledge, for example pupils will have access to healthcare professionals to think about healthy lifestyles or for older pupils, mental health professionals to discuss wellbeing.
* Children will develop a deep understanding of the subjects they are studying. They will increasingly use their prior knowledge to solve problems and develop the sophistication of PSHE.
* Children will understand how Catholic virtues and British Values relate to PSHE.
* In PSHE, children will develop the skills to increase their confidence and a sense of responsibility within themselves, they will develop their own God-given attributes, develop positive relationships built on mutual respect and develop a healthy and safe lifestyle.
* Children will develop a real understanding and appreciation of the world, learning from a variety of experts including: Local health and support workers, dieticians, and emergency service providers, National campaigns (NHS Change for life) Bikeability, CAFOD and NSPCC etc.

Our teaching and learning:

At St Simon’s Catholic Primary School, we believe that PSHE plays a vital part of primary education and needs to be taught at least weekly. This enables staff to ensure that full coverage of PSHE, RSE and SEAL (Social and Emotional Aspects of Learning) is taught in their year group. There are always occasions where teachers may feel it necessary to teach PSHE as a result of an issue arisen in their own class. PSHE is integral to the development of children values in order for them to become a positive citizen in a forever changing community. PSHE is an important part of school assemblies where children’s spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured.

In EYFS:

The provision is planned to ensure development in Physical, Social and Emotional Development (PSED), which occurs daily. In provision, children will explore the ideas of relationships, feelings and appropriate behaviours, self-confidence, self-awareness, rules and routines, empathy and restorative justice.

KS1 and KS2:

Pupils will follow a detailed scheme of work as a basis for our planning. The scheme uses the objectives from the National Curriculum and offers lesson plans and resources to cover all curriculum areas. It also includes opportunities to link British Values, SMSC and the school’s key skills into the curriculum. We also plan for key campaigns throughout the year such as Anti-bullying Week, E-Safety Week etc.

**Impact***What will this look like?*

By the time children leave St Simon’s Catholic Primary School they will:

* Live out the Gospel values and virtues such as love, peace, courage, honesty, forgiveness and justice.
* Deepen their appreciation of their faith and fulfil their God-given talents.
* Develop positive and healthy relationships with their peers both now and in the future.
* Understand the physical aspects involved in RSE at an age appropriate level.
* Have respect for themselves and others.
* Have a fundamental understanding of British Values which are evident in PSHE and understand how these can celebrate differences.
* Demonstrate and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty.
* Achieve age related expectations across the wider curriculum.
* Talk enthusiastically about their learning in PSHE and are eager to further their learning in the next stages of their education.
* Have experienced a wide range of learning challenges and know how to respond appropriately to them.

We hope that as children move on from St Simon’s to further their education and learning that they continue to access fundamental skills including:

* A respect for **spiritual**, cultural and historic diversity.
* Being **trusted** when interacting and working with others.
* Increased **resilience** to continue trying and improving through a process of self-reflection.
* An **inquisitive** nature to explore new things and take risks.
* Being **valued** both individually and as part of a team.
* A sense of **exceptional** achievement.